



# Youth in crisis? CALL J-FAST!

Are you considering **hospitalization or committal** for a child (ages 8-17) due to mental health or substance abuse concerns, but don't know what your options are?  
**Call J-FAST at 362-2174**

If you are concerned about a youth in crisis, we can meet with you to discuss options. Issues we can help with include: **depression, self harm, violent behavior, substance abuse and thoughts of suicide.**

## IMMEDIATE CRISIS RESPONSE

- Call our 24/7 Crisis Line (319) 362-2174
- Foundation 2's Mobile Crisis team will come to your **Linn County** location

## CASE MANAGEMENT

- Coordination of Services
- Regular Phone and in Person Check-In
- Appointment Reminders

## ASSESSMENT (within 24 hours)

- Mental Health Assessment Partners:
  - St. Luke's
  - Abbe Center/Abbe Oaks
  - Tanager Place
  - Horizons, A Family Service Alliance
- Substance Abuse Assessment Partners:
  - St. Luke's Chemical Dependency
  - Area Substance Abuse Council

## REFERRALS TO OTHER SERVICES

- Individual & Family Counseling
- A.R.T. (Aggression Replacement Training)
- Psychiatric / Behavioral Medicine
- Parenting Support Groups
- Domestic Violence Counseling
- CWES: Child Welfare Emergency Services
- Behavioral Health Intervention Services

**For more information call Foundation 2 at 362-2174**

*This project is supported by Grant No. 2011-MO-BX-0012 awarded by the Bureau of Justice Assistance. Local funding is provided by Linn County Decat, Linn County Community Services, Magellan of Iowa, and United Way of East Central Iowa.*